



# YACHT WINTER TRAINING PACKAGE

Prepare yourself for sailing next season with our superb and flexible Winter Training Package. With theory courses running till May 2010 it's ideal to get the theoretical classroom essentials out of the way before embarking on the practical courses.

At excellent reduced rates Lagoon Yacht Training Packages combine the essential RYA courses for you to become a competent sailor. The basic sailing package starts from £735, which will save you at least £280. The yacht training package includes a 5 day RYA practical course, a RYA Day Skipper Theory course and a one day shore based course, such as the GMDSS Radio course.

Day Skipper theory courses start every month which are essential for any Yacht or Powerboat skipper, included in the package is the GMDSS VHF radio course is a legal requirement to operate the radio. After the theory courses you will be ready for the practical training whether: your goal is to charter in the Med, skipper your own boat or just be more useful when crewing for friends.



**New for 2009/10**  
**Sail to France on weekday courses**  
**Only 4 people on week day courses**  
**Hassle Free yacht rental scheme**

- ### Why Choose the Lagoon Winter Yacht Training Package.
- Fast Track too Day Skipper and Yacht Master
  - Save hundreds of £'s
  - Use of two sailing locations to give a much better sailing experience
  - Gain your qualifications over the winter ready for next season
  - Flexible schedule allowing you to mix and match dates
  - Gain the ICC (International certificate of Competence) once you get to Day Skipper
  - Perfect preparation for overseas holidays
  - Add extra courses and make great savings
  - High performance yachts
  - Friendly and experienced RYA instructors

**FREE consultation** Why not book one of our skippers to run through your goals and previous sailing experience, we can then show you are training yachts, explain our RYA courses and the most effective way in terms of time and costs to reach your goals.

# SAILING LOCATIONS

New for 2010 we will be offering practical courses running from two sites : Brighton and the Solent.

## Brighton

**Yacht :** Danny and No Excuses - Beneteau 36.7

**Base for :** RYA practical and shorebased courses

**Pros :** Excellent large open marina for parking skills training.

- Straight out onto the water with plenty of open sea for sailing skills training.

## Port Solent

**Yacht :** Danny or No Excuses - Beneteau 36.7

**Base for :** RYA practical courses second weekend

**Pros :** Excellent for navigation and tidal challenges

- Plenty of boats to gain rules of the road experience
- Lots of Natural harbours and anchorages within a short distance of each other.
- Plenty of shelter from the Isle of Wight in stronger winds.

## COURSE STRUCTURE

### Example weekend practical course – Max 5 students

**Weekend 1 : Saturday and Sunday from Brighton**

- Boat familization and safety equipment briefing
- Straight out onto sea for basic helming and sail handling.
- Man over board practice.
- Learning to reef to sails in stronger winds and sailing upwind and downwind.

**Weekend 2: Friday to Sunday from Port Solent (except Bank Holidays when Sat to Mon)**

- Plenty of trips to allow Navigation practice between ports and pilotage into the harbours.
- Night sailing, anchoring and close quarter boat manoeuvres.

### Weekday training courses – Max 4 students

We also run our practical courses over weekdays, the benefit of completing your course over continuous days is you can go further a field allowing us to get you across the channel to France. Another benefit is we reduce the number of students to four instead of five, offering more accommodation and hands on sailing time.

## Brighton too France

**Yacht :** Danny and No Excuses - Beneteau 36.7

**Sailing area :** Weekday trips aim to sail to France.

**Pros :** Exciting and challenging sailing including night sailing and some French food !

Brighton

Fecamp

Dieppe

# Lagoon Yacht training Package

## 1) Decide upon your goal

For many people this is to reach Day Skipper. If you have no previous yacht sailing experience you will need to complete two practical sailing courses, the Competent Crew and the Day Skipper.

## 2) Choose your courses - one from each section

### Shore based Theory courses :

- Day Skipper Theory (Courses run Sept - May)
- Yacht Master Theory (Please call for dates) - Extra £50

### Practical courses :

- Competent Crew (Courses run Feb - Nov over 5 days or 3 weekends)
- Day Skipper (Courses run Feb - Nov over 5 days or 3 weekends)
- Coastal Skipper (Courses run Feb - Nov over 5 days) - £50 extra

### One day shore based theory courses :

- GMDSS Radio Course (1 day course)
- Diesel engine maintenance (1 day course)
- First Aid (1 day course)

## 3) Decide when to do your courses.

Choose dates from table on next page.

We recommend starting the Day Skipper Theory course before starting your Day Skipper practical course. You do not have to choose all your course dates right now, you can do this at a later date. \* You have 1 year to complete all your courses.

## Pricing - Save £280

Lagoon Yacht Training Package  £735	Package Includes	Price
	5 day weekday practical course	£535
	5 Day Theory course	£365
	1 Day Theory course	£115
Price of courses if booked separately		£1015
<b>Save £280 when you book Yacht Training Package just £735</b>		

Extras	Add
Take practical course in high season (July and August)	£50
Hire wet weather gear	£15
Extra practical course (eg Day Skipper) SAVE £160	£375
Extra one day shore based course SAVE £65	£50

*"Fantastic - really equips you to start planning and going on day sails with confidence. Brilliant"*  
Gill Donaghy

## FREE consultation

Why not book one of our skippers to run through your goals and previous sailing experience, we can then show you are training yachts, explain our RYA courses and the most effective way in terms of time and costs to reach your goals.

*"Great experience and adventure"*  
Guy Farrant

## Are you ready for Day Skipper practical course?

You will need sailing experience equivalent to the Competent Crew course (5 days yacht sailing) and either completed a Day Skipper Theory course or

Book a free consultation with one of our skippers to run through your experience and we can recommend the best training package

## Additional information

- You will need a plotter pack. Price £30. Both are available from us.
- Theory courses only run Sept- May.
- Marina fees for mooring are shared between the group. Approx £20.
- Terms and conditions apply, please see web site for details or booking form on booking.
- Additional fees will be charged for changing course dates at short notice, please ask for details or see booking confirmation letter.

**Day Skipper Theory**

Learn to navigate the traditional way as well as using modern navigation aids like the GPS. The course is run over 5 days, which can be taken over 3 weekends so you can spread it over the winter at your leisure, or 5 consecutive days. (5 day course 10:00 - 17:00)

**Days 1 & 2 of 5**

06/02/2010 - 07/02/2010  
27/02/2010 - 28/02/2010  
20/03/2010 - 21/03/2010  
10/04/2010 - 11/04/2010  
08/05/2010 - 09/05/2010

**Days 3 & 4 of 5**

13/02/2010 - 14/02/2010  
06/03/2010 - 07/03/2010  
22/03/2010 - 23/03/2010  
27/03/2010 - 28/03/2010  
17/04/2010 - 18/04/2010  
15/05/2010 - 16/05/2010

**Day 5 of 5**

20/02/2010  
13/03/2010  
24/03/2010  
24/04/2010  
22/05/2010

**Coastal Skipper / Yachtmaster Theory**

Essential for those wanting to venture further into new cruising areas, with longer passages and channel crossings. There is lots of study so we provide a pack to gain some practice at home. (6 day course 10:00 - 17:00)

**Days 1 & 2**

06/02/2009 - 07/02/2009

**Days 3 & 4 of 5**

20/02/2010 - 21/02/2010

**Days 5 & 6 of 6**

06/03/2010 - 07/03/2010

**Competent Crew**

New to yachts? Get on board here and learn all the basic skills that will give you the confidence and experience to crew on any yacht.

**Day Skipper**

Lots of close quarter handling skills; mooring in a range of marinas and smaller ports offering more interesting ways to tie up for the night. You get plenty of experience through planning and completing passages, including a night sail.

**Competent Crew or Day Skipper**

A 5-day course that can be booked as 5 straight days or divided into two parts.

**All 5 days**

08/02/2010 - 12/02/2010  
15/03/2010 - 19/03/2010  
08/04/2010 - 12/04/2010  
19/04/2010 - 23/04/2010  
10/05/2010 - 14/05/2010

**In parts, days 1 & 2 of 5**

06/02/2010 - 07/02/2010  
27/02/2010 - 28/02/2010  
06/03/2010 - 07/03/2010  
20/03/2010 - 21/03/2010  
03/04/2010 - 04/04/2010  
17/04/2010 - 18/04/2010  
08/05/2010 - 09/05/2010

**In parts, days 3,4 & 5 of 5**

19/02/2010 - 21/02/2010  
12/03/2010 - 14/03/2010  
26/03/2010 - 28/03/2010  
09/04/2010 - 11/04/2010  
01/05/2010 - 03/05/2010  
21/05/2010 - 23/05/2010

**Coastal Skipper**

We aim to put some miles on the clock with longer passages, planning and executing coastal and offshore passages, day and night.

19/04/2010 - 23/04/2010

For more practical course dates after May see [www.lagoon.co.uk](http://www.lagoon.co.uk)

**VHF GMDSS Course**

A one day course run each month, including a simple exam at the end, will then give you the essential VHF operators licence, which someone onboard must have to enable the legal use of your VHF radio. As one of the most important safety features on any boat it is well worth learning its proper use and understanding. Try and learn your phonetic alphabet beforehand.

(1 day course 10:00 - 18:00)

14/03/2010  
04/04/2010  
25/04/2010  
23/05/2010

**Diesel Engine Maintenance**

Mechanical failure is the main cause of lifeboat callouts. Basic maintenance and engine care may ensure you are not part of these statistics. This one-day course provides an awareness of the main systems of a marine diesel engine.

(1 day course 10:00 - 17:00)  
Please call for dates

**RYA First Aid**

(1 day course 10:00 - 18:00)  
Please call for dates

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